

**Academic programme
component**

**31.05.01 General Medicine
(in a foreign language)
programme**

**Б1.О.10
discipline code**

SYLLABUS

Discipline Therapeutic Care

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Clarification

Discipline volume: 3 credit points

1. Discipline (module) training results correlated with the indicators of competencies achievement determined by the educational programme

Competency	Indicators of competency achievement	Discipline (module) training results
<p>OPIK-6 Can organize nursing, provide first aid and ensure proper prehospital care in case of emergency, epidemic and mass destruction</p>	<p>OPIK-6.1. Knows the algorithm of providing first medical aid at the pre-hospital stage and in emergencies</p> <p>OPIK-6.2. Can organize nursing for patients with diseases of various stages (therapeutic, surgical, and other types of care).</p> <p>OPIK-6.3. Can make professional decisions at the pre-hospital stage, in emergencies, epidemic and mass destruction.</p>	<p>To know:</p> <ol style="list-style-type: none"> 1. Organization of work of nursing staff in medical organizations. 2. Methods of sanitary and educational work. 3. Main clinical manifestations of some skin diseases (scabies, pediculosis). 4. Basics of preventive care, organization of preventive measures aimed at improving public health. 5. Hygienic aspects of nutrition. 6. Regulatory documents on prevention of hospital infections. 7. Mechanism of therapeutic care of the simplest physiotherapeutic medical services, indications and contraindications to their appointment, features of their implementation. <p>To be able to:</p> <ol style="list-style-type: none"> 1. Assess the patient's condition in order to make a decision on the need for assistance. 2. Determine the patient's status: interview the patient and/or their relatives 3. Participate in the organization of sanitary and anti-epidemic assistance to the population. 4. Promote a healthy lifestyle. 5. Treat one's hands, put on a mask, put on or change sterile gloves, a bathrobe. <p>To have skills in:</p> <ol style="list-style-type: none"> 1. Preparing disinfectant solutions. 2. Pre-sterilizing cleaning of tools. 3. Transporting and moving the patient. 4. Changing of underwear and bed linen.

		5. Hygienic measures for patient care in bed. 6. Providing the urinal. 7. Using a functional bed. 8. Measuring the patient's body temperature. 9. Setting up a warming compress. 10. Using a hot water bottle and ice pack. 11. Sanitary treatment of the patient. 12. Disinfection of patient care items. 13. Setting up a cleansing enema. 14. Hand disinfection (social and hygienic level). 15. Prevention of pressure sores. 16. Feeding the patient in bed.
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2. Discipline contents

Fundamentals of healthcare organization in the Russian Federation.

Medical, demographic and other indicators characterizing the state of public health and human habitat. The system and social policy of healthcare in Russia. The system of state guarantees in the field of public health protection. Legislation on the protection of the health of the Russian Federation citizens. The legal framework of nursing. Russian state organizational structures dealing with nursing issues. The role of nursing staff in the primary health care system for the population.

Functions of medical organizations.

The concept of medical organization, therapeutic and preventive care. Types of medical and preventive care provided by medical organizations. The organization of work in medical organizations, basic principles of the organization of medical care. Medical organizations, sanitary and antiepidemiological regime in medical institutions. Assessment of the health status of the country's population.

The history of nursing.

The history of nursing, as part of the history of mankind. Sources of information about nursing. Nursing in the monuments of literature and art. Periodization and chronology of the world history of nursing. The influence of world religions on nursing. The history of the formation of national societies and international organizations of the Red Cross and Red Crescent. The history of the creation of the World Health Organization. International cooperation in the field of nursing (International Council of Nurses, WHO Regional Office for Europe for Nursing).

The philosophy of nursing. Principles of ethics and deontology.

The concept of the term "ethics". Principles and objectives of the environmental aspect in nursing. Fundamentals of medical ethics. Modern rules of ethics and deontology. Features of medical ethics and deontology in departments. The ethical code of the nurse in the departments. The International Code of Ethics for Nurses. Medicine and law.

Stages of patient care. The nursing process.

Requirements for professional care: scientific, systematic, individual. The nursing process: concepts and terms. The background of the issue. The purpose of the nursing process. Advantages

of introducing the nursing process into nursing education and nursing practice. The stages of the nursing process, their relationship and a summary of each stage. The first stage: nursing examination. The second stage: to identify the patient's problems. The third stage: defining the goals of nursing care. The fourth stage: planning the scope of nursing interventions. The fifth stage: evaluation of the results and correction of care, if necessary. Implementation of the nursing process in accordance with the conceptual model of nursing.

Starting communication with the patient and teaching them and their relatives hygiene skills.

Communication continues throughout the entire period of patient care. Basic terms and concepts in teaching. Areas of study. Types of teaching and methods of teaching, 5 stages of the learning process.

Stage 1 – assessment of the patient's and their family's educational needs. Stage 2 – interpretation of the patient's problems related to lack of knowledge. Stages 3-5 – setting learning goals, planning training, evaluating its quality and effectiveness.

3. Training support materials

- multimedia presentations on the discipline are available on MAU LMS Moodle;
- practical training manuals are available on MAU LMS Moodle;
- learning materials are available on MAU official website at [«Информация по образовательным программам, в том числе адаптированным»](#).

4. Discipline assessment materials

Discipline assessment materials is a separate document within the educational programme, it includes:

- a list of competencies indicating the stages of their achievement within the discipline;
- formative assessment tasks;
- interim assessment tasks;
- tasks for internal assessment of education quality.

5. The list of main and supplementary literature (printed, electronic and (or) electronic library resources)

Main literature:

1. Ослопов, В. Н. Общий уход за терапевтическим пациентом : учебное пособие / В. Н. Ослопов, Ю. В. Ослопова, Е. В. Хазова. - Москва : ГЭОТАР-Медиа, 2023. - 576 с. - ISBN 978-5-9704-7296-5. - Текст : электронный // ЭБС "Консультант студента": [сайт]. - URL: <https://www.studentlibrary.ru/book/ISBN9785970472965.html> (дата обращения: 25.04.2024). - Режим доступа : по подписке.
2. Практика по уходу за больными терапевтического профиля : учебное пособие / составители О. Д. Михайлова [и др.]. — Ижевск : ИГМА, 2018. — 166 с. — ISBN 978-5- 91385-154-3. — Текст : электронный // Лань : электронно-библиотечная система. — URL: <https://e.lanbook.com/book/134645>. — Режим доступа: для авториз. пользователей.
3. Подколзина, В.А. Общий уход : [12+] / В.А. Подколзина ; Научная книга. – 2-е изд. – Саратов : Научная книга, 2020. – 143 с. – Режим доступа: по подписке. – URL:<https://biblioclub.ru/index.php?page=book&id=578354>. – ISBN 978-5-9758-1932-1. –

Текст : электронный.

Supplementary literature:

1. Парахина, А. П. Алгоритмы манипуляций по основам сестринского дела. ПМ 04. «Млад-шая медицинская сестра по уходу за больными» : учебно-методическое пособие / А. П.Парахина. — 4-е изд., стер. — Санкт-Петербург : Лань, 2020. — 256 с. — ISBN 978-5-8114-5236-1. — Текст : электронный // Лань : электронно-библиотечная система. — URL: <https://e.lanbook.com/book/138178>. — Режим доступа: для авториз. пользователей.

6. Professional databases and information reference systems

- 1) University Library Online <https://biblioclub.ru/>
- 2) Electronic library “Student Consultant” <https://www.studentlibrary.ru/>
- 3) Electronic library system “Lan” <https://e.lanbook.com/>

7. The list of licensed and openly distributed software, including domestic software

- 1) Microsoft Office 2007 Package
- 2) ABBYY FineReader Optical text recognition system

8. Ensuring mastering the discipline for people with special needs

Students with special needs are provided with printed and (or) electronic educational resources adapted to their needs.

9. The material and technical support of the discipline (module) is presented in the appendix to the academic programme "Material and technical conditions for the implementation of the educational programme" and includes:

- classrooms for conducting training sessions provided for by the specialty programme, fitted with technical equipment;
- spaces for self-study work fitted with computer equipment with the Internet connection and access to MAU LMS Moodle.
- classroom with simulation equipment.

It is allowed to replace the equipment with its virtual counterparts

10. Study load distribution by type of educational activity

Table 1 - Study load distribution

Educational activity	The discipline (module) study load distribution by the forms of training	
	Semester	In total
	1	108
Lectures	18	18
Seminars	36	36
Individual work	54	54

Total hours for the discipline / in the form of seminars	108	108
	36	36
Interim and formative assessment		
Credit	+	+

The list of seminars by the forms of education

№	Seminar topics
1	2
	Full-time study
1	Preparation of disinfectant solutions.
2	Pre-sterilization cleaning of tools.
3	Transportation of the patient.
4	Change of underwear and bed linen.
5	Hygienic measures for patient care in bed.
6	Measuring the patient's body temperature.
7	Setting up a warming compress.
8	The use of a hot water bottle and an ice pack.
9	Sanitary treatment of the patient.
10	Setting up a cleansing enema.
11	Hand disinfection (social and hygienic level).
12	Prevention of pressure sores.
13	Feeding the patient in bed.